

# TierraCast Expression Bracelets

Choose your favorite rondelle beads for your variation of these classic stretch bracelets. Our symbol charms make them a personal statement!



skill set  
easy peasy



Design by: Tracy Proctor

## Supplies

.75mm stretch cord

### Bracelet 1

- 1 Eye of Horus Charm (94-2503-12)
- 22 7mm Disk Spacer (93-0443-70)
- 2 5mm Disk Spacer (93-0441-70)
- 1-2 Round Jump Rings 16 gauge 5mm (01-0020-70)
- 22 8mm gemstone rondelles, blue-green (Blue Crazy Lace Agate and African Turquoise shown)

### Bracelet 2

- 1 Recovery Charm (94-2506-18)

- 18 7mm Disk Spacer (93-0443-18)
- 2 5mm Faceted Spacer (93-0423-18)
- 1-2 Round Jump Rings 16 gauge 5mm (01-0020-08)
- 18 8mm gemstone rondelles, lavender (matte Amethyst shown)
- 6 8mm faceted gemstone rondelles, white (Quartz shown)

### Bracelet 3

- 1 Pentagram Charm (94-2507-26)
- 22 6mm Disk Spacer (93-0442-25)
- 2 5mm Disk Spacer (93-0441-25)

- 1-2 Round Jump Rings 16 gauge 5mm (01-0020-09)
- 22 9x6mm rondelle beads, green (resin beads shown)

## Required Tools

Chain and/or flat nose pliers (2), scissors, Hypo Cement jewelers adhesive, bead stopper or small binder clip

## Finished Size

Variable

## Instructions

**TIP:** Before stringing beads pre-stretch cord by pulling from both ends several times. For larger bracelets just add more beads in desired pattern! Two rondelles plus 1 disk is approximately 1/2".

### Bracelet 1

1. Cut one 14" piece of stretch cord.
2. String two 7mm disk spacers, \*1 gemstone rondelle bead and one 7mm disk\*. Repeat \* through \* 9 times.
3. String one 5mm disk, charm, one 5mm disk, and one 7mm disk.
4. Repeat \* through \* 11 times, then string final 7mm disk.
5. Secure ends with a surgeons knot (Fig 1). Add a small amount of adhesive and allow to dry.
6. Trim cord ends close to knot. Open one jump ring and place over knot. Close securely. Repeat if desired.

### Bracelet 2

1. Cut one 14" piece of stretch cord.
2. String beads in the following pattern: two 7mm disk spacers, 1 lavender rondelle, \*1 disk, 1 white rondelle, 1 disk, 2 lavender rondelles, 1 disk, 2 lavender rondelles\*, 1 disk, 1 white rondelle, 1 disk.
3. Repeat \* through \* in reverse order.
4. String one faceted spacer, charm, and second faceted spacer.
5. String †1 disk, 1 white rondelle, 1 disk, 2 lavender rondelles, 1 disk, 2 lavender rondelles†, 1 disk, 1 white rondelle, 1 disk.
6. Repeat † through † in reverse order. String final disk.
7. Secure ends with a surgeons knot (Fig 1). Add a small amount of adhesive and allow to dry.
8. Trim cord ends close to knot. Open one jump ring and place over knot. Close securely. Repeat if desired.

### Bracelet 3

1. Cut one 14" piece of stretch cord.
2. String two 6mm disk spacers, \*1 rondelle bead and one 6mm disk\*. Repeat \* through \* 10 times.
3. String one 5mm disk, charm, one 5mm disk, and one 6mm disk.
4. Repeat \* through \* 11 times, then string final 6mm disk.
5. Secure ends with a surgeons knot (Fig 1). Add a small amount of adhesive and allow to dry.
6. Trim cord ends close to knot. Open one jump ring and place over knot. Close securely. Repeat if desired.

