TierraCast
Rainbow Sacred Heart Bracelet

This 5-wrap color-blocked stretch bracelet is an invigorating rainbow display, each wrap a different color!

Design by: Tracy Proctor

Supplies

- 1 Sacred Heart Charm (94-2586-12)
- 1 Beaded Bail (94-5509-12)
- 19 8/0 Beaded Seed Bead (93-0447-12)
- 1 Oval Jump Ring 20ga 4x3mm ID (01-0018-01)
- 40 Czech Glass 4mm Fire Polish Beads each of five colors (purple, blue, green, yellow, and red - 200 beads total)

Stretch Cord, .8mm, clear

GS Hypo Cement adhesive, or clear nail polish

Required Tools

Chain nose pliers (2), scissors, beading board for arranging beads before stringing (optional), bead stopper or small binder clip (optional)

Finished Size

Approx. 34" (overall bracelet size about 6 3/4")

Instructions

TIP: Begin or end stringing with the bail. Its large hole is perfect for hiding the knot! If adding beads for a larger bracelet 3 beads is about 1/2", so add beads to each block of color accordingly. (Example: adding 3 beads to each block/wrap — a total of 15 beads — will make an approx. 7 1/4" bracelet.)

1. Cut about 40" of stretch cord, or work directly on spool. Pre-stretch by pulling firmly from both ends a few times.
2. If using cord cut from the spool, attach a bead stopper about 3" from one end.
3. String on bail, then *10 purple fire-polish beads and one 8/0 bead*. Repeat * through * once.
4. Switching to blue beads string * through * 4 times. Repeat with green, yellow and red beads.
5. String 10 purple beads, one 8/0 bead and 10 purple beads.
6. Secure ends of stretch cord together with a surgeon's knot (Fig 1) next to bail, making sure all slack is taken up. Pull cord from all directions to make sure knot is secure. Add a small drop of adhesive or nail polish and allow to dry.
7. Once dry, thread one tail through bail to other side and pull knot inside. Trim cord ends close to knot.
8. Open jump ring and attach to bail. Before closing add charm. Close jump ring.
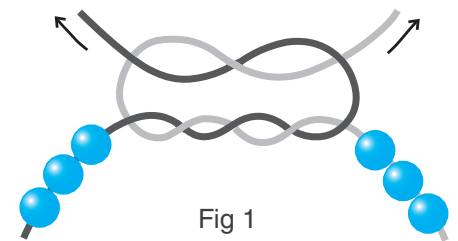

Fig 1

Watch the technique videos in the DIY section of our blog (look for videos on jump rings). TierraCast.com/blog/tag/diy

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